

kidney disease within 15 years of diagnosis in up to 25% of patients. It is important that rheumatologists understand the pathogenesis of LN, the substantial burden of this condition and best practice in improving long-term outcomes for patients using appropriate treatment strategies.

**Methods** Rheumatologists participated in an online video activity entitled “An Update on Lupus Nephritis” (launched 03 June 2021, data collection by March 2022). Educational effect was assessed using a repeated-pair design, pre-/post-assessment. A paired samples t-test was conducted for significance testing on overall average number of correct responses and for confidence rating. Cohen’s d with correction for paired samples estimated the effect size of the education on number of correct responses (<0.20 modest, .20-.49 small, .59-.79 moderate, ≥.80 large). A series of McNemar’s tests were conducted at the question level (5% significance level,  $P < 0.05$ ).

**Results** • Rheumatologists ( $n=246$ ) significantly improved their knowledge of the burden of LN ( $P < 0.001$ ), and treatment strategies for LN ( $P < 0.05$ )

- Rheumatologists had a high baseline level of knowledge regarding the role of kidney biopsy in SLE patients showing signs of kidney involvement

- The average percentage of questions answered correctly increased by 32% ( $P < 0.001$ )

- 98% reported that the education will improve their performance, resulting in improved patient outcomes

- Post-activity, 28% of rheumatologists reported increased confidence in managing patients with SLE and LN

- Overall, 95% of rheumatologists experienced an increase or reinforcement of knowledge (pie chart); confidence improvements were larger for those who had an improvement/reinforcement of knowledge (right hand graph) compared with those who were unaffected

**Conclusions** Participation in this online activity significantly improved rheumatologists’ understanding of LN in patients with SLE. These results suggest that further education on LN would be beneficial for rheumatologists to embed knowledge of LN, increase awareness of screening for LN, and minimize the potential long-term consequences of LN for patients.

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# **PO.5.115 SYSTEMIC LUPUS ERYTHEMATOSUS (SLE): PATIENTS WITH AND WITHOUT RENAL INVOLVEMENT: A REAL WORLD ANALYSIS SHOWING DEMOGRAPHIC, CLINICAL AND TREATMENT DIFFERENCES ACROSS MORE THAN 1,279 EU5 PATIENTS**

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**Purpose** Systemic lupus erythematosus (SLE) patients present significant challenges in management. This study was to evaluate moderate to severely active SLE patients and determine overlapping characteristics and significant differences among this cohort of SLE patients with and without renal involvement.

**Methods** 1,279 moderate and severe SLE patient records were collected in collaboration with 289 EU5 rheumatologists via an online survey platform from November 12, 2021, through January 28, 2022. Patients were at least 18 years old with diagnosed SLE and treated with at least one prescription agent.

**Results** While women make up the majority of SLE patients overall, males are over-represented among those with renal involvement. Other significant differences exist in disease manifestations:

Physicians more often consider their SLE patients with renal involvement as ‘severe’ and to have ‘high disease activity’. Treatments are often different between the two patient types:

**Conclusions** SLE patients with renal manifestations often have multiple other manifestations of their disease and more diagnosed comorbidities, adding significant complexity to their treatment and care regimens.

**DISCLOSURE** Maxine Yarnall, Philippe Pouliot, and Ryan Rex are employees of Spherix Global Insights, an independent market intelligence firm, and have received no industry funding and report on this study.

Abstract PO.5.115 Table 1

Current SLE Manifestations at Most Recent Visit	Patients with no renal involvement (n=727)	Patients with renal involvement (n=552)
Musculoskeletal involvement	78%	90%
Dermatologic involvement	51%	81%
Pulmonary involvement	20%	50%
Gastrointestinal involvement	19%	47%
CNS involvement	14%	41%
Cardiovascular involvement	12%	49%
Ocular involvement	16%	45%

  

Treatments	Patients with no renal involvement (n=727)	Patients with renal involvement (n=552)
Hydroxychloroquine	59%	47%
ACEi	15%	33%
Oral steroids	35%	42%
MMF	11%	19%
Benlysta	19%	25%
Rituximab	6%	13%
SGLT2 inhibitors	3%	8%
Calcineurin inhibitors	2%	5%