

Supplemental Table 1. Multivariable logistic regression with having had discussion about pregnancy plans ("One Key Question") in past year as outcome

| Variable | Estimate | Odds Ratio (95% CI) | P-value |
|-----------------------------------|-----------|---------------------|---------|
| Survey Language | | | |
| English | Reference | Reference | |
| Spanish | -0.564 | 0.57 (0.23 – 1.43) | 0.231 |
| Marital Status | | | |
| Never married | Reference | Reference | |
| Married/in a domestic partnership | -0.077 | 0.93 (0.36 – 2.41) | 0.875 |
| Widowed | -15.189 | 0.001 (0.00 – inf) | 0.988 |
| Divorced or separated | 0.198 | 1.22 (0.35 – 4.25) | 0.756 |
| Age | -0.099 | 0.91 (0.86 – 0.96) | <0.001* |
| Education | -0.107 | 0.90 (0.57 – 1.42) | 0.645 |

*Significant at p<0.05

- After adjusting for survey language, marital status, and education, for every one-year increase in the age, the odds of having a discussion regarding pregnancy plans in the past year was 9% lower (OR[95%CI]=0.91 [0.86-0.96]; p-value<0.001).

Supplemental Table 2. Multivariable logistic regression with having contraception discussion in the past year as outcome

| Variable | Estimate | Odds Ratio (95% CI) | P-value |
|-----------------------------------|-----------|---------------------|---------|
| Survey Language | | | |
| English | Reference | Reference | |
| Spanish | -1.718 | 0.18 (0.07 – 0.47) | <0.001* |
| Marital Status | | | |
| Never married | Reference | Reference | |
| Married/in a domestic partnership | 0.495 | 1.64 (0.59 – 4.58) | 0.345 |
| Widowed | -15.868 | 0.001 (0.00 – inf) | 0.992 |
| Divorced or separated | 0.050 | 1.05 (0.28 – 3.89) | 0.941 |
| Age | -0.069 | 0.93 (0.89 – 0.98) | 0.009* |
| Education | -0.155 | 0.86 (0.54 – 1.35) | 0.504 |

*Significant at p<0.05

- After adjusting for age, education, and marital status, Spanish language participants had 82% lower odds (0.18 times lower) of having a discussion regarding contraception with their lupus doctor in the past one year (OR[95%CI]=0.18 [0.07-0.47]; p-value<0.001).

- After adjusting for survey language, marital status, and education, for every one-year increase in the age, the odds of having a discussion regarding contraception with their lupus doctor in the past year was 7% lower (OR[95%CI]=0.93 [0.89-0.98]; p-value=0.009).

Supplemental Table 3. Barriers by survey language group

| Variable | Survey Language Group | | Adjusted p-value |
|--|-----------------------|-----------------------|------------------|
| | English Survey (n=86) | Spanish Survey (n=65) | |
| What makes it hard to discuss contraception and pregnancy questions with your lupus doctor? | | | |
| Not enough time in my appointment | 5 (5.8%) | 9 (13.9%) | 0.693 |
| My lupus doctor suggested I talk to OB-GYN instead | 16 (18.6%) | 11 (16.9%) | 0.999 |
| There is a language barrier between doctor and me | 1 (1.2%) | 0 | 0.999 |
| I don't think my lupus doctor knows enough about contraception or pregnancy | 3 (3.5%) | 2 (3.1%) | 0.999 |
| I don't feel comfortable talking about these issues with my lupus doctor | 1 (1.2%) | 2 (3.1%) | 0.900 |
| I don't think it's safe for me to become pregnant | 19 (22.1%) | 14 (21.5%) | 0.999 |
| I don't think these topics are relevant or important to me | 11 (12.8%) | 4 (6.2%) | 0.693 |
| Other | 5 (5.8%) | 5 (7.7%) | 0.990 |
| None | 36 (41.9%) | 21 (32.3%) | 0.639 |

Supplemental Table 4. Sources of information by survey language group

| Variable | Survey Language Group | | Adjusted p-value |
|---|-----------------------|-----------------------|------------------|
| | English Survey (n=86) | Spanish Survey (n=65) | |
| Where do you get most of your information regarding lupus and reproductive health? | | | |
| My lupus doctor | 59 (68.6%) | 39 (60.0%) | 0.601 |
| My OB-GYN | 24 (27.9%) | 15 (23.1%) | 0.776 |
| Another doctor | 11 (12.8%) | 3 (4.6%) | 0.315 |
| Significant other | 1 (1.2%) | 5 (7.7%) | 0.315 |
| Family member | 4 (4.7%) | 7 (10.8%) | 0.572 |
| Friends | 1 (1.2%) | 2 (3.1%) | 0.776 |
| Lupus support group | 7 (8.1%) | 3 (4.6%) | 0.777 |
| Information found on an internet site | 37 (43.0%) | 10 (15.4%) | 0.002* |
| Social media | 8 (9.3%) | 7 (10.8%) | 0.842 |

| | | | |
|------------|----------|----------|-------|
| Television | 0 | 0 | 0.999 |
| Other | 3 (3.5%) | 1 (1.5%) | 0.776 |

*Significant at $p < 0.05$ (adjusted using Benjamini-Hochberg correction)