

Supplemental Table 1. Multivariable logistic regression with having had discussion about pregnancy plans ("One Key Question") in past year as outcome

Variable	Estimate	Odds Ratio (95% CI)	P-value
Survey Language			
English	Reference	Reference	
Spanish	-0.564	0.57 (0.23 – 1.43)	0.231
Marital Status			
Never married	Reference	Reference	
Married/in a domestic partnership	-0.077	0.93 (0.36 – 2.41)	0.875
Widowed	-15.189	0.001 (0.00 – inf)	0.988
Divorced or separated	0.198	1.22 (0.35 – 4.25)	0.756
Age	-0.099	0.91 (0.86 – 0.96)	<0.001*
Education	-0.107	0.90 (0.57 – 1.42)	0.645

*Significant at p<0.05

- After adjusting for survey language, marital status, and education, for every one-year increase in the age, the odds of having a discussion regarding pregnancy plans in the past year was 9% lower (OR[95%CI]=0.91 [0.86-0.96]; p-value<0.001).

Supplemental Table 2. Multivariable logistic regression with having contraception discussion in the past year as outcome

Variable	Estimate	Odds Ratio (95% CI)	P-value
Survey Language			
English	Reference	Reference	
Spanish	-1.718	0.18 (0.07 – 0.47)	<0.001*
Marital Status			
Never married	Reference	Reference	
Married/in a domestic partnership	0.495	1.64 (0.59 – 4.58)	0.345
Widowed	-15.868	0.001 (0.00 – inf)	0.992
Divorced or separated	0.050	1.05 (0.28 – 3.89)	0.941
Age	-0.069	0.93 (0.89 – 0.98)	0.009*
Education	-0.155	0.86 (0.54 – 1.35)	0.504

*Significant at p<0.05

- After adjusting for age, education, and marital status, Spanish language participants had 82% lower odds (0.18 times lower) of having a discussion regarding contraception with their lupus doctor in the past one year (OR[95%CI]=0.18 [0.07-0.47]; p-value<0.001).

- After adjusting for survey language, marital status, and education, for every one-year increase in the age, the odds of having a discussion regarding contraception with their lupus doctor in the past year was 7% lower (OR[95%CI]=0.93 [0.89-0.98]; p-value=0.009).

Supplemental Table 3. Barriers by survey language group

Variable	Survey Language Group		Adjusted p-value
	English Survey (n=86)	Spanish Survey (n=65)	
What makes it hard to discuss contraception and pregnancy questions with your lupus doctor?			
Not enough time in my appointment	5 (5.8%)	9 (13.9%)	0.693
My lupus doctor suggested I talk to OB-GYN instead	16 (18.6%)	11 (16.9%)	0.999
There is a language barrier between doctor and me	1 (1.2%)	0	0.999
I don't think my lupus doctor knows enough about contraception or pregnancy	3 (3.5%)	2 (3.1%)	0.999
I don't feel comfortable talking about these issues with my lupus doctor	1 (1.2%)	2 (3.1%)	0.900
I don't think it's safe for me to become pregnant	19 (22.1%)	14 (21.5%)	0.999
I don't think these topics are relevant or important to me	11 (12.8%)	4 (6.2%)	0.693
Other	5 (5.8%)	5 (7.7%)	0.990
None	36 (41.9%)	21 (32.3%)	0.639

Supplemental Table 4. Sources of information by survey language group

Variable	Survey Language Group		Adjusted p-value
	English Survey (n=86)	Spanish Survey (n=65)	
Where do you get most of your information regarding lupus and reproductive health?			
My lupus doctor	59 (68.6%)	39 (60.0%)	0.601
My OB-GYN	24 (27.9%)	15 (23.1%)	0.776
Another doctor	11 (12.8%)	3 (4.6%)	0.315
Significant other	1 (1.2%)	5 (7.7%)	0.315
Family member	4 (4.7%)	7 (10.8%)	0.572
Friends	1 (1.2%)	2 (3.1%)	0.776
Lupus support group	7 (8.1%)	3 (4.6%)	0.777
Information found on an internet site	37 (43.0%)	10 (15.4%)	0.002*
Social media	8 (9.3%)	7 (10.8%)	0.842

Television	0	0	0.999
Other	3 (3.5%)	1 (1.5%)	0.776

*Significant at $p < 0.05$ (adjusted using Benjamini-Hochberg correction)