Background and aims γδ T cells are important in combating infectious agents and tumour cells. Their role in the pathogenesis of rheumatoid arthritis (RA) remains unknown.

Methods 68 patients with rheumatoid arthritis, 21 patients with osteoarthritis and 21 healthy controls were enrolled in the study. Peripheral V82T population, apoptosis, proliferation, chemokine receptor expression and pro-inflammatory cytokine secretion were quantified by flow cytometry. The infiltration of V82 T cells within synovium was examined by immunohistochemistry and flow cytometry. The effect of TNF-α and IL-6 on V82 T migration was determined by flow cytometry and trans-well migration assay.

Results The percentage of peripheral V82T cells of active RA were significantly decreased compared with healthy controls, which were negatively correlated with the disease activity indexes including DAS28, CRP and ESR. However, the V82T cells infiltrated in the synovium of RA were increased compared with OA (p<0.05). Comparing with OA V82T cells, both peripheral and synovium V82T cells of RA produced higher level of IFN-γ and IL-17 (p<0.05). The chemokine receptor CCR5 and CXCR3 expressed on V82T cells in RA were significantly higher than HC and OA patients (p<0.05), which were induced by TNF-α and IL-6. TNF-α antagonist therapy restored the peripheral V82 T cell in RA.

Conclusions Elevated TNF-α in RA patients induced high expression of CCR5 and CXCR3 on V82T cells, which subsequently promote V82 T cells infiltrate into synovium and play an important role in the pathogenesis of RA. V82 T cell is a promising potential biomarker and therapeutic target of RA.

Background and aims Rheumatoid arthritis (RA) is an autoimmune disease, which induces systematic and typical inflammation and affects 1% younger population Worldwide. Natural products are being preferred over the available treatment regimes for arthritis. Moringa oleifera has been very popular ethnomedicine for the treatment of inflammatory disorders in North-eastern part of India. With this background, the current investigation was carried out to scrutinise the anti-arthritis potential of Moringa oleifera in complete Freund’s adjuvant (CFA) induced arthritis animal model.

Methods In the present investigation, we used the CFA, turpentine and formaldehyde into the sub-planter region of hind paw of rats for induction of arthritis. After induction, joint diameter, arthritis score and body weight were estimated at regular interval. We studied the effect of plant extract on pro-inflammatory cytokines and inflammatory mediator, respectively. Histological architecture and other changes were also studied.