THE ASSOCIATION BETWEEN SELF-REPORTED PHYSICAL ACTIVITY ON DISEASE STATUS PATIENTS WITH SYSTEMIC LUPUS ERYTHEMATOUS: DATA FROM KOREAN LUPUS NETWORK (KORNET) REGISTRY

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Objective The aim of this study was to identify the influence of physical activity on disease activity and damage in systemic lupus erythematous (SLE).

Methods A total of 464 patients with Sjögren's syndrome were consecutively enrolled from KOREan lupus Network (KORNET) registry. This registry assessed clinical features, disease activity (Systemic Lupus Erythematous Disease Activity Index 2000 [SLEDAI-2K]), and disease damage (Systemic Lupus International Collaborating Clinics/American College of Rheumatology [SLICC/ACR] damage index) at the enrollment study. Self-reported physical activity was measured by international physical activity questionnaire (IPAQ). Statistical analyses were used by Spearman’s correlation and Mann-Whitney U test.

Results The median total physical activity (MET-minute/day) was 1173.0 (IQR 396.0–2772.0). There is significant difference of vigour activity between patients with lupus nephritis (n=110) and without lupus nephritis (n=354) (p=0.048), but not total, moderate, and walking activities. Among total patients, total IPAQ score was marginally associated with SLEDAI and SLICC/ACR scores (r=-0.142, p=0.008 and r=-0.104, p=0.026). Higher SLICC/ACR scores was associated with lower walking activity and total activity of IPAQ in patients with lupus nephritis, (r=-0.256, p=0.007 and r=-0.193, p=0.044, respectively).

Conclusion This study showed that self-reported physical activity might be in part associated with disease activity and damage in patients with SLE.

IMPACT OF LUPUSNEPHRITIS ON MORTALITY IN SYSTEMIC LUPUS ERYTHEMATOSUS: A POPULATION BASED COHORT FROM NORWAY

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Objective Recent data has shown that patients with lupus nephritis (LN) have increased mortality. However, no studies have been population based, and few compare mortality data in Systemic Lupus Erythematous (SLE) patients with and without LN. The aim of our study was to investigate mortality in patients who does or does not develop LN in a population based cohort.

Methods Multiple sources were used to identify all SLE patients in Oslo during 1999–2009 who met 4 or more of the American College of Rheumatology (ACR) criteria. Follow up time was until 1st January 2014. Presence of LN was defined by the ACR criteria. Standardised mortality ratio (SMR) was compared to observed deaths in a matched control population.

Results Of the 325 SLE patients included in this study, 98 (30%) developed LN. 75 patients (77%) had biopsy proven LN. A total of 56 deaths occurred during the study period, corresponding to an overall SMR for all SLE patients of 2.1 (95% confidence intervall (CI) 1.2 to 3.4). The SMR estimate for LN patients were 3.8 (95% CI: 2.1 to 6.2) and 1.7 (95% CI: 0.9 to 2.7) for non LN patients.

Conclusion LN is associated with increased mortality, however SLE patients who do not develop LN have a good overall prognosis with no significant higher mortality than the general population.

LIPID PROFILE CHARACTERISATION IN PATIENTS WITH JUVENILE SLE WITH AND WITHOUT LUPUS NEPHRITIS – EXPERIENCE OF A PORTUGUESE CENTRE

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Introduction SLE is a multisystem chronic inflammatory disease and has been associated with premature atherosclerosis and so, controlling classic cardiovascular (CV) risk factors is crucial. Dyslipidaemia is an important CV risk factor and has been found to be altered in SLE patients.

Purpose Compare lipid profiles of two groups of Juvenile SLE patients, without Lupus Nephritis (group 1) and with Lupus Nephritis (group 2). Verify factors that might correlate with abnormalities in lipid profile.
Methods

Retrospective analysis of the lipid profile (Total cholesterol, LDL, HDL and triglycerides) of two groups of patients with juvenile SLE, with and without lupus nephritis (LN), in two points in time, when LN was first diagnosed and 6–12 months after initiating LN treatment.

Statistical analysis was performed using Student t-test and Pearson correlation coefficient test. Significance level was set as <0.05.

Results

We included 27 patients with Juvenile SLE, 17 with LN (82.4% Class IV; 17.6% class III). There were no differences between groups in baseline characteristics. Mean present age was 27.1±6.4 years for group 1 (n=10) and 27.6±6.1 years for group 2 (n=17).

Analysis of lipid profile showed higher mean values of TC, LDL and Triglycerides in group 2 at both time points (table 1), however the differences between groups did not reach statistical significance.

On a sub-analysis of group 2, we studied the correlation between lipid profile and proteinuria. No correlation was found at time 1 however, at time 2 a strong positive correlation was found between proteinuria values and TC and
between proteinuria and LDL levels (r=0.67, p=0.017 and r=0.74, p=0.009 respectively).

Conclusions Our study shows that Juvenile SLE patients with LN tend to have more abnormalities of lipid profile than patients without LN, namely with higher TC, LDL and Tg, and lower HDL.

A significant positive correlation was found at time 2 between proteinuria and TC and LDL levels, reflecting that the severity of proteinuria correlates with abnormalities in lipid profile.

These results reinforce that juvenile SLE population, namely with LN, should have their CV risk factors, such as lipid profile, carefully monitored.

Conclusions Our study showed that the lipid profile of LN patients tends to improve with LN treatment, as showed by the lower levels of TC, TG and LDL and higher levels of HDL observed at time 2.

### PS3:59

**IS THERE A DIFFERENCE BETWEEN LIPID PROFILE BEFORE AND AFTER LUPUS NEPHRITIS TREATMENT IN PATIENTS WITH JUVENILE SYSTEMIC LUPUS ERYTHEMATOSUS?**

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**Purpose** Renal involvement is one of the major determinants of outcome in patients with Systemic Lupus Erythematosus (SLE). Dyslipidaemia occurs frequently in Juvenile SLE. This study aimed to determine if there were differences in lipid profile in Juvenile SLE patients with lupus nephritis (LN) in two time points, time 1 at LN diagnosis and time 2 after 6–12 months of treatment.

**Methods** Retrospective analysis of the lipid profile of a population of Juvenile SLE patients with LN in two time points. Lipid profile evaluation included total cholesterol (TC), triglycerides (TG), high density lipoprotein (HDL) and low-density lipoprotein (LDL). Statistical analysis was performed using T Student Test. Significance level was set as <0.05.

**Results** At LN diagnosis, time 1, the mean TC was 198,1 mg/dL (±62,9), TG was 175,1 mg/dL (±89,5), HDL was 44,3 mg/dL (±16,9) and LDL was 120,6 mg (±6,12). At time 2, the mean TC was 188,2 mg/dl (±47,0), TG was 126,3 mg/dL (±57,1), HDL was 52,3 mg/dL (±13,8) and LDL was 115,9 mg/dL (±30,6). Despite higher levels of TC, TG and LDL levels at time one, the variation of lipid profile between the two time points did not reach statistical significance.

### PS3:60

**INCIDENCE OF VASCULITIS IN HOSPITALISED LUPUS PATIENTS**

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**Introduction** Systematic Lupus Erythematosus (SLE) is an autoimmune disease which is associated with multiple target organ damage. Multiple hospitalizations can occur during their life-long. Systemic vasculitis manifestation is one of the most important reasons leading to refer to rheumatology clinics. The aim of this study is to evaluate different picture of systemic vasculitis in lupus patients.

**Materials and methods** Eighty-one known SLE patients based on 2012 Revised Criteria who were visited in Rheumatology Department of Imam Reza Hospital from January 2012 to December 2014 having undergone a thorough physical examination by rheumatologist, classified based on demographic and SLE-related vasculitis manifestations. We focused on vasculitis manifestation in this group of patient.

**Results** In total 17.3% of our lupus patients were diagnosed as vasculitis. In the vasculitis group cutaneous vasculitis (50%), thromboembolic events (7/1%), cerebral vasculitis (7/1%), retinal vasculitis (7/1%) and aortic involvement were detected. Systemic vasculitis is the second most common causes for referring to the hospital. Mean SLEDAI and SLICC scores were 22.79 (±13.29) and 1.95 (±1.46), in vasculitis group respectively.

Considering SLICC SLE Criteria, prevalence of vasculitis lesion were found more often in ocular, renal, gastrointestinal and CNS system (p=0.03, 0.01, 0.001, 0.03 respectively).

**Conclusion** Vasculitis manifestation in lupus probably is one of the most important and life threatening complication which may have brought these patients to rheumatology centre. In this study, we found that vasculitis may be the first presentation of SLE patients with severe organ damage with no previous history of this disease.

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Abstract PS3:58 Table 1 Mean values of lipid profile at time 1 and 2 (result units in mg/dl)

<table>
<thead>
<tr>
<th></th>
<th>Time 1</th>
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<th>Time 2</th>
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<tbody>
<tr>
<td></td>
<td>TC</td>
<td>HDL</td>
<td>LDL</td>
</tr>
<tr>
<td>Group 1</td>
<td>164 ± 31.5</td>
<td>49.3 ± 9.7</td>
<td>92.9 ± 38.8</td>
</tr>
<tr>
<td>Group 2</td>
<td>192.8 ± 63</td>
<td>44.2 ± 15.9</td>
<td>120.8 ± 59.2</td>
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</tbody>
</table>

TC: total cholesterol; HDL: high density lipoprotein; LDL: low-density lipoprotein; Tg: triglycerides.