CS-25 AN ANALYSIS OF HYDROXYCHLOROQUINE TREATMENT RESPONSE BY SEX IN PATIENTS WITH SYSTEMIC LUPUS ERYTHEMATOSUS

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10.1136/lupus-2018-lsm.60

Background Systemic lupus erythematosus (SLE) has traditionally been viewed as a disease of women since the ratio of

affected women to men is 9:1. Historically, men with SLE were thought to have more severe disease and worse prognosis than women, however, a 2013 review did not find compelling evidence that damage, disease activity or mortality is affected by sex. It concluded that the only consistent sex-based differences in SLE were lower rates of select disease manifestations such as alopecia.

Given this, it is plausible that the two sexes also respond to treatment differently, yet very few men have been included in clinical trials. Only 4% (n=9) of participants in published

Abstract CS-25 Table 1 Characteristics of the CaNIOS cohort treated with HCQ by sex

	Total	Men	Women
CaNIOS Patients	n=499	n=57	n=442
Age, mean (SD) years	33.6 (17.9)	26.2 (16.4)	34.6 (17.9)
Age at SLE diagnosis, mean (SD) years	26.0 (15.5)	19.5 (13.3)	26.9 (15.6)
Disease duration, mean (SD) years	7.2 (7.8)	6.2 (6.5)	7.3 (7.9)
Alcohol Intake, N (%)	381 (76.4)	38 (66.7)	343 (77.6)
None	290 (76.1)	26 (68.4)	264 (77.0)
1–6 drinks/week	76 (19.9)	12 (31.6)	64 (18.7)
7–14 drinks/week	13 (3.4)	0	13 (3.8)
≥15 drinks/week	2 (0.5)	0	2 (0.6)
Smoking, N (%)	415 (83.2)	46 (80.7)	369 (83.5)
Never	322 (77.6)	38 (82.6)	284 (77.0)
≤5 cigarettes/day	16 (3.9)	2 (4.3)	14 (3.8)
>5 cigarettes/day	77 (18.6)	6 (13.0)	71 (19.2)
Number of DMARDs, N (%)	499(100)	57 (100)	442 (100)
None	281 (56.3)	31 (54.4)	250 (56.6)
1 DMARD	197 (39.5)	24 (42.1)	173 (39.1)
2 DMARDs	19 (3.8)	2 (3.5)	17 (3.8)
3 DMARDs	2 (0.4)	0	2 (0.5)
Prednisone, N (%)	218 (43.7)	32 (56.1)	186 (42.1)
None	1 (0.5)	0 (0)	1 (0.2)
Low (<7.5 mg PO daily)	82 (37.6)	9 (28.1)	73 (39.2)
Medium (7.5–15 mg PO daily)	77 (35.3)	14 (43.8)	63 (33.9)
High (>15 mg PO daily)	58 (26.6)	9 (28.1)	49 (26.3)
Ethnicity	498 (99.8)	57 (100)	441 (99.8)
Aboriginal	34 (6.8)	5 (8.8)	29 (6.6)
Arab/Middle Eastern	11 (2.2)	2 (3.5)	9 (2.0)
Asian	99 (19.9)	20 (35.1)	79 (17.9)
Black	39 (7.8)	2 (3.5)	37 (8.4)
Jewish	6 (1.2)	0	6 (1.4)
Latin/Hispanic	13 (2.6)	1 (1.8)	12 (2.7)
Pacific Islander	0	0	0
White	291 (58.4)	27 (47.4)	264 (59.9)
Don't know/Don't wish to answer	5 (1.0)	0	5 (1.1)
Annual Household Income, N (%)	371 (74.3)	43 (75.4)	328 (74.2)
< \$15 000	34 (9.2)	7 (16.3)	27 (8.2)
\$15,000 – \$29 999	45 (12.1)	8 (18.6)	37 (11.3)
\$30,000 – \$49 999	88 (23.7)	6 (14.0)	82 (25.0)
> \$50 000	204 (55.0)	22 (51.2)	182 (55.5)
Highest Education, N (%)	308 (61.7)	27 (47.4)	281 (63.6)
Did not complete high school	61 (19.8)	9 (33.3)	52 (18.5)
High school diploma	24 (7.8)	3 (11.1)	21 (7.5)
Vocational/technical school	54 (17.5)	3 (11.1)	51 (18.1)
Some college, no degree	49 (15.9)	4 (14.8)	45 (16.0)
College degree	104 (33.8)	7 (25.9)	97 (34.5)
Graduate/professional degree	16 (5.2)	1 (3.7)	15 (5.3)
DI score, mean(SD)	0.8 (1.3)	1.1 (1.8)	0.8 (1.2)
SLEDAI 2K score, mean(SD)	4.5 (4.7)	3.7 (4.9)	4.6 (4.7)

DMARD=disease modifying antirheumatic drug.

randomized controlled trials examining the impact of hydroxychloroquine (HCQ) on SLE were men. Thus, our objective was to examine the disease activity of both women and men with SLE treated with HCQ. In a cross-sectional analysis, we hypothesized that men with SLE would have higher disease activity than women based on average SLE Disease Activity Index (SLEDAI) 2K and Damage Index (DI) scores.

Methods Patient information was collected from the Canadian Network for Improved Outcomes in SLE (CaNIOS) database. All patients had an SLE diagnosis confirmed using the American College of Rheumatology (ACR) criteria. Inclusion in this study required that patients be ≥ 18 years of age and be currently taking any prescribed dosage regimen of HCQ. Data for these analyses were collected at entry into CaNIOS. Descriptive characteristics included health habits, ethnicity, immunosuppressant medication usage and SLEDAI 2K 10 day and DI scores. Sex differences in SLEDAI 2K and DI scores were analyzed using multivariate regression analyses controlling for prednisone use, current age, age at SLE onset and disease duration.

Results A total of 499 patients (n=57 men, n=442 women) treated with HCQ were included (table 1). Men appeared to have slightly lower SLEDAI 2K scores and higher DI scores than women, and had slightly higher use of prednisone. However, regression analyses revealed no differences in SLEDAI 2K scores between sexes, yet current age was significant ($\beta=0.228$, $p=0.021$). DI scores were significantly associated with current age ($\beta=0.349$, $p=0.001$) and disease duration ($\beta=0.170$, $p=0.002$) but not sex.

Conclusions In contrast to our hypothesis, we found no sex differences in disease activity or damage index between men and women. Results of this study are limited by lack of control for HCQ dose and duration of use which will be addressed in future analyses. Future analyses will investigate potential sex differences in longitudinal changes in SLEDAI and DI scores in response to ≥ 3 months of HCQ therapy.

CS-26 WHAT DO WE MEAN WHEN WE SAY SLE?

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10.1136/lupus-2018-lsm.61

Background Although lupus spectrum illness contains at least four variants (antibody only, undifferentiated autoimmune disease, typical SLE, and overlap SLE), clinical, epidemiological, and basic science publications do not use distinguish among these groups when they speak of SLE, thereby muddling interpretation of the results.

Methods We systematically reviewed clinical, epidemiological, and basic science publications from the last 5 years to determine definitions they used for SLE.

Results Of 366 papers on *human* SLE, 197 were suitable for analysis. Of these, 32 were basic/translational, 151 clinical trials and studies, and 14 epidemiological. Between 66% and 79% of papers specified or implied use of ACR criteria, of which 0%–16% also required presence of anti-DNA or anti-Sm antibody. 19%–29% of papers specified exclusion criteria, of which 10%–14% specifically excluded patients with overlap disease. Disease activity was considered in 14%–22% and stable disease was required in 7%–14% of papers. 0%–3% of papers considered disease duration (table 1).

Of 132 studies on mouse SLE, 24% use NZB variants, 36% MRL-lpr variants and 39% used variants/induced illness in C57Bl/6J mice. Definition of SLE required presence of anti-DNA antibody in 47% of studies, ANA in 10%, proteinuria in 39% and immunohistochemistry (usually renal) in 57%. 15% of papers defined disease onset ≤ 8 weeks, 15% 8–16 weeks, and 57% did not indicate time of disease onset. The fact that the paper spoke of animal SLE was indicated in the titles of 46% of papers.

Abstract CS-26 Table 1

Type of study (N)	Basic (32)	Clinical (151)	Epidem (14)	All (197)
ACR Criteria only	69	66	79	67
aDNA or aSm specified	13	9	0	9
Exclusion criteria specified	19	31	29	29
Exclusion overlap specified	13	10	14	11
Activity SLEDAI or BILAG	22	16	14	17
Stable disease specified	13	7	14	9
Duration specified	0	3	0	3

Criteria used in 197 studies on human SLE, indicating criteria for diagnosis, inclusions, exclusions, serology, activity, and disease duration.

Conclusion Publications on SLE use a wide variety of definitions, inclusion, and exclusion criteria and often use the term SLE without specifying animal or human. Consensus definitions and stratification rules are necessary to obtain greater homogeneity in studies of SLE. (We will propose methods by which greater consensus can be obtained.)

Acknowledgements Supported by the Barbara Volcker Center and the Weill Cornell Medicine AOC program.

CS-27 MORTALITY AMONG PATIENTS WITH SYSTEMIC LUPUS ERYTHEMATOSUS HOSPITALIZED WITH SEPSIS VARIES WIDELY AMONG U.S. HOSPITALS

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10.1136/lupus-2018-lsm.62

Background Sepsis is a serious infection that is often difficult to treat. We investigated if the risk of mortality in patients with systemic lupus erythematosus (SLE) hospitalized with sepsis varies among hospitals.

Methods We used the National Inpatient Sample (2002–2011) to obtain data on outcomes of adults age 18 to 64 with SLE who were admitted with a diagnosis of sepsis. We included 424 hospitals that had at least 5 hospitalizations of patients with SLE and sepsis. We abstracted data on demographic features, diagnoses, and mortality for these patients and for patients without SLE hospitalized with sepsis at the same set of hospitals. We used machine learning methods to derive the expected risk of in-hospital mortality for each patient, based on demographic features, insurance status, comorbidities, and diagnoses related to organ failure. We then computed the observed/expected ratio for in-hospital mortality separately for SLE and non-SLE patients by hospital. To further adjust for case-mix, the ratio of these two ratios (RR) was used to