

less IL-1 β , and the expression of anti-inflammatory genes, such as IL-10, was upregulated. Furthermore, treatment with BTK inhibitor increased the rate of phagocytosis by anti-inflammatory M2 macrophages *in vitro*.

Conclusions Our findings show that BTK inhibition hinders M1 macrophage differentiation and skews monocytes towards an anti-inflammatory M2 phenotype, while enhancing apoptotic cell uptake by M2 cells. Therefore, BTK inhibition could have additional benefits in the treatment of autoimmune diseases such as SLE, by targeting both B cells and myeloid cells simultaneously.

Funding Source(s): This study was sponsored by EMD Serono Inc. (a business of Merck KGaA, Darmstadt, Germany)

217

CLINICAL AND SEROLOGICAL PROFILE OF A SERIES OF RHUPUS PATIENTS

¹Beatriz Frade Sosa*, ²Vera Ortiz-Santamaría, ³Vicente Torrente-Segarra, ⁴Ivan Castellvi, ⁵Berta Magallares, ⁶Delia Reina, ⁷Sonia Minguéz, ⁸Meritxell Sallés, ⁹Sergi Ordoñez, ¹⁰Elena Riera, ¹¹Maria Garcia Manrique, ¹²Jose A Gómez-Puerta. ¹Rheumatology Department, Hospital Clinic, Barcelona; ²Hospital General de Granollers; ³Hospital Comarcal de l'Alt Penedès; ⁴Hospital Santa Creu i Sant Pau; ⁵Hospital Sant Joan Despi Moisès Broggi; ⁶ALTHAIA, Xarxa Assistencial Universitària de Manresa; ⁷ALTHAIA, Xarxa Assistencial Universitària de Manresa, Spain; ⁸Hospital Arnau de Vilanova, Lleida; ⁹Hospital Mutua de Terrassa; ¹⁰Hospital Parc Taulí, Sabadell; ¹¹Rheumatology Department, Hospital Clinic, Barcelona, Spain

10.1136/lupus-2019-lsm.217

Background Concomitant presence of two autoimmune diseases, such as rheumatoid arthritis (RA) and systemic lupus erythematosus (SLE) is known as Rhupus. Despite,

poliautoimmunity is not uncommon described in patients with systemic autoimmune diseases, only a small series of patients have been described so far with Rhupus. Our purpose was to analyze clinical and serological characteristics of patients with Rhupus and compare them with a cohort of patients with SLE.

Methods In this cross-sectional study, we included cases of Rhupus (RA-ACR/EULAR 2010 plus SLE-ACR 1987 criteria) from different Rheumatology Departments at Catalonia, Spain. In addition, we included patients with diagnosis of SLE in a 2:1 ratio matched by sex and race. All information was recorded following an established protocol.

Results A total of 57 patients were included, 19 cases with Rhupus and 38 cases of SLE alone as controls. 93% of patients were female, Caucasian represented 71.4%, Mestizo 17.9% and 5.4% were Asian. Mean age was 48.6 \pm 13.5 years and mean disease duration was 11.48 \pm 9.1 years. Main clinical characteristics were cutaneous involvement (75.0%), hematological (66.0%), serositis (19.3%), renal disease (17.9%) and secondary Sjögren syndrome (28%) among others. Clinical and serological characteristics according groups are shown in table 1.

Conclusions We found some clinical and serological differences among patients with Rhupus and SLE alone. As expected, articular domains and titers of RF and ACPAs were higher in Rhupus and they are more commonly treated with methotrexate and rituximab. By other hand, leukopenia, oral ulcers, anti-Ro antibodies and higher SLEDAI score were more common among SLE patients. Whether Rhupus patients represent a different condition requires further analysis in bigger cohorts.

Abstract 217 Table 1 General characteristics of Rhupus and SLE patients

	Rhupus (n=19)	SLE (n=38)	P value
Gender (Female), %	17 (89.5)	36 (94.7)	0.59
Mean age, years \pm SD	56.9 \pm 12.8	45.9 \pm 12.3	0.03
Disease duration, years \pm SD	13.9 \pm 7.0	10.5 \pm 9.7	0.24
Race (Caucasian), %	14 (73)	27 (71.1)	0.89
Clinical characteristics			
Oral ulcers, %	2 (10.5)	16 (42.1)	<0.01
Articular involvement, %	19 (100)	36 (94.7)	<0.01
• Arthritis, %	19 (100)	29 (76.3)	0.02
• Erosive disease, %	11 (57.9)	1 (2.6)	<0.01
• Tenosynovitis, %	10 (52.6)	19 (26.3)	0.05
Leukopenia, %	3 (15.8)	21 (55.3)	<0.01
Renal involvement, %	1 (5.3)	10 (26.3)	0.07
Mean SLEDAI *	1.2 \pm 1.6	3.3 \pm 3.4	0.03
Immunological features			
Mean RF levels, IU \pm SD	184.6 \pm 199.3	47.6 \pm 114.5	<0.01
Mean anti-CCP titers, IU \pm SD	622.3 \pm 908.5	5.1 \pm 5.2	<0.01
Positive anti-Ro antibodies, %	15 (18.9)	17 (48.6)	0.03
Treatment (ever)			
Prednisolone, %	19 (100)	28 (75.7)	0.02
Methotrexate, %	17 (89.5)	13 (36.1)	<0.01
Rituximab, %	8 (44.4)	5 (14.7)	0.04

* Last visit

218

THERAPEUTIC TRAJECTORIES FOLLOWING HIGH DISEASE ACTIVITY STATE IN SLE

¹Christopher McMaster, ¹Hieu Nim, ¹Rachel Koelmeyer, ²Albert Frauman, ³Eric Morand, ¹Alberta Y Hoi*. ¹Monash University; ²Melbourne University; ³Monash University, Melbourne, Australia

10.1136/lupus-2019-lsm.218

Background Systemic lupus erythematosus (SLE) is a heterogeneous autoimmune disease. Treatment trajectories following high disease activity state (HDAS), as defined by SLEDAI score 10, have not been well described.

Methods Longitudinal trajectories of patients from the Australian Lupus Registry were studied. HDAS periods were defined as the time from which HDAS begins, until the patient fulfils criteria for Low Lupus Disease Activity (LLDAS), or up to 365 days. Treatment escalation is defined as either an addition of hydroxychloroquine (HCQ), prednisolone (PNL) and immunosuppressant (IS), or any change in IS drug. De-escalation is either dose reduction or cessation of HCQ or IS without meeting treatment escalation criteria. Treatment trajectories were examined as the rolling sum (over time) of escalations and de-escalations and were clustered using k-means clustering methods. Different clustering partitions were tested. The R package kml was used for cluster determination and quality criterion calculations. The differences in time to resolution of HDAS between clusters were tested using likelihood ratio test.