Results Correlations between patients’ and physicians’ assessments were higher for SLAM-nolab: SWE-SLAQr total, $\rho=0.69$, Symptom score, $\rho=0.67$, and Patients global, $\rho=0.68$ than for SLAM: SWE-SLAQr total, $\rho=0.51$, Symptom score, $\rho=0.49$, and Patients global, $\rho=0.53$. The items fatigue ($\rho=0.72$) and alopecia ($\rho=0.71$) showed highest degree of correlation, and dyspnea/pleuritic chest pain had the lowest correlation between patients’ and physicians’ assessments ($\rho=0.19$, $p=0.039$). Correlations with SLEDAl-nolab were lower ($\rho\leq0.36$) for all subscales. No correlations were found between patients’ and physicians’ assessments when using SLEDAl-2K ($p<0.09$ for all).

Conclusions We conclude that SWE-SLAQr performed equally well as SLAQ, demonstrating that the shorter version can be used to monitor disease impact. We encourage further use of SWE-SLAQr and recommend its implementation in clinical care, we believe it is especially well suited to support digital and telephone contacts. However further attention is needed to evaluate the discrepancy between physicians’ and patients’ evaluation of thoracic pain/symptoms.

P191 CHINESE SYSTEMIC LUPUS ERYTHEMATOSUS TREATMENT AND RESEARCH GROUP (CSTAR) REGISTRY – SUBJECTIVE WELL-BEING IN PATIENTS WITH SYSTEMIC LUPUS ERYTHEMATOSUS

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Objectives Systemic lupus erythematosus (SLE) can significantly influence patients’ quality of life and subjective wellbeing (SWB). This study compared SWB statuses in SLE patients and analysed their relationship with clinical manifestations, emotional variables and related positive factors.

Methods Overall, 1779 SLE patients from the Chinese SLE Treatment and Research Group (CSTAR) and 203 age and gender-matched individuals from the general population without self-reported SLE were invited to complete measures of SWB, emotional variables and related positive factors. These patients’ clinical data in CSTAR were also linked to investigate the influence of clinical manifestations and psychological factors on SWB among SLE patients.

Results SWB, self-efficacy and resilience were significantly lower ($P<0.001$) in SLE patients than in the general population, and self-esteem, depression and anxiety were significantly higher ($P<0.001$). Among the SLE patients, life satisfaction was significantly positively correlated with patients’ age ($P<0.001$) and the age at diagnosis ($P<0.001$) and negatively correlated with SLE disease activity index (SLEDAI) ($P<0.05$). Premature gonadal failure (PGF) ($P<0.05$) was significantly associated with positive and negative affect scores. In active SLE patients with SLEDAI>4, depression and resilience were life satisfaction predictors. However, anxiety, self-esteem and resilience predicted life satisfaction changes in patients with SLEDAI<4.

Conclusion SWB provides useful insight into the impact of SLE on mental health and opportunities to improve quality of life and clinical care. PGF and disease activity emerge as are predictors of SWB status and potential therapeutic targets to develop positive attitude in SLE patients.

P192 EVALUATION OF PREDICTIVE FACTORS OF WORSE PROGNOSIS IN LUPUS NEPHRITIS: FOCUS ON NEW PATHOGENETIC PATHWAYS

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Purpose To evaluate the prognostic factors in a cohort of patients with lupus nephritis (LN) focusing on of the IL-17, 23 axis as new pathogenetic pathway.

Patients and Methods 91 LN patients were enrolled. Laboratory, immunological and disease activity data were collected at the baseline and at 6(T6),12(T12),24(T24) months and at the last follow-up(FU).84 renal biopsies were evaluated according to ISN/RPS classification, assessing the inflammatory interstitial infiltrate using the BANFF score. Baseline serum levels of IL-17 and IL-23 were assessed by ELISA in 37 patients.

Results Among the 84 renal biopsies evaluated 77% belonged to class III and IV; 41.8% of patients had an interstitial infiltrate<5%, 35.2% between 5% and 25% and 15.4% above 25%. Regarding immunological data 35.2% of patients revealed a seropositivity for antiphospholipid antibodies (APL+). Serum level of IL-17 and IL-23 were 0.12±0.15 pg/ml and 27.7±9.12 pg/ml respectively. Through the ROC curves analysis we found a cut off value of 25.89 pg/ml of IL-23 associated with an interstitial infiltrate>5% at renal biopsy and persistent proteinuria. Finally, we conducted an univariate and multivariate analysis for each renal outcome considered. We found that an inflammatory interstitial infiltrate>5% and APL+ were associated with worse renal outcome in terms of early and persistent remission, chronic damage, persistent proteinuria, and renal flare both in univariate and multivariate analysis. Higher serum level of IL-23 was associated with persistent proteinuria, renal flare and tended to be associated to chronic renal damage.

Conclusion Interstitial infiltrate and APL+ resulted as the strongest predictors of worse renal outcome. An higher serum level of IL-23 resulted as a negative prognostic factor highlighting its possible role as a biomarkers of more aggressive disease.