Conclusions The most common extra-criteria manifestations are thrombocytopenia, non-vascular neurological manifestations and valvular heart disease. And they can be the independent clinical feature of APLs without thrombotic events or Pregnancy morbidity.

**P11**

**EARLY EFFICIENT ANTICOAGULATION IMPROVES THE LONG-TERM PROGNOSIS IN PATIENTS WITH ANTIPHOSPHOLIPID SYNDROME ASSOCIATED PORTAL VEIN THROMBOSIS**

Juliang Zhao, Hanxiao You, Xinping Tian, Mengtao Li, Xiaofeng Zeng. Dept. of Rheumatology, Peking Union Medical College Hospital, Beijing, China

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**Background** Portal vein thrombosis (PVT) is a rare and severe clinical phenotype of antiphospholipid syndrome (APS) with a poor prognosis. Anticoagulation therapy is efficient, but is associated with potentially severe side-effects, especially bleeding episodes. The aim of this study was to retrospectively analyze our single center experience on long-term anticoagulation in APS patients presenting a PVT.

**Methods** A retrospective study of APS patients with PVT from 2012 to 2019 was conducted using the Hospital Information System of Peking Union Medical College Hospital. Basic clinical history and complications were collected. Regular imaging was performed to monitor the outcome of PVT. The recanalization rate of the PVT after anticoagulation was analyzed using the survival analysis.

**Results** A total of 28 patients with APS-PVT were enrolled, 5 males and 23 females, with the median age 37 years (range 17–63 years), and the mean follow-up was 3 years (range, 0.5–7 years). 8 cases were acute thrombosis, 16 cases chronic thrombosis, and 4 cases portal vein cavernoma. The first symptoms presented as abdominal distention (14/28) or pain (7/28) and blood system involvements (22/28, anemia or thrombocytopenia), while presentation with variceal bleeding (4 cases) was less common, and 2 patients were asymptomatic. Triple aPLs positive in 7 cases. 10 cases began efficient anticoagulation therapy immediately at the diagnosis of thrombus. 8 patients got thrombus recanalization. 3 patients got recurrence. 5 patients died. Survival analysis revealed that effective anticoagulation could increase recanalization rate significantly (log rank p =0.001), as shown in figure 1.

**Conclusions** PVT usually had insidious onset with atypical clinical symptoms and easily be misdiagnosed. Early diagnosis and efficient anticoagulation treatment can bring thrombus recanalization thereby significantly improving the prognosis.

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**P12**

**SERUM LEVELS OF SOLUBLE ST2 AND THEIR ASSOCIATION WITH MICROPARTICLES AND DISEASE ACTIVITY IN SYSTEMIC LUPUS ERYTHEMATOSUS**

Karen Álvarez, Manuela Osorio, Tulio Lopera, Karen Dubois-Camacho, Marcela A Hermoso, Gloria Vásquez. Grupo de Inmunología Celular e Inmunogenética (GICIG), Sede de investigación Universitaria (SIU), Facultad de Medicina, Universidad de Antioquia, Medellín, Colombia; Laboratorio de Inmunidad Innata, Facultad de Medicina, Universidad de Chile, Santiago de Chile, Chile

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**Background** ST2 is an IL-33 receptor (a member of the IL-1 receptor family), existing in a transmembrane form (ST2L) and is also alternatively spliced to produce a secreted soluble form (sST2) and a membrane-anchored variant without the immunoglobulin-like motif (ST2V). High levels of sST2 have been reported in inflammatory diseases, including systemic lupus erythematosus (SLE). Additionally, higher levels of
Microparticles (MPs) (small membrane vesicles) have been reported in SLE patients, being an important source of autoantigens and inflammatory mediators. Based on these considerations, our study aims to measure the serum levels of sST2 in SLE patients, examining their association with disease activity and steroid consumption. Additionally, we aim to propose that MPs are an important source of ST2.

Methods
Forty-six SLE patients were evaluated for disease activity (determined by SLEDAI), sST2 were measured by sandwich ELISA in serum samples and compared with 10 age- and sex-matched healthy controls (HCs). MPs were isolated from plasma from 9 SLE patients and 9 HC, and we evaluated the ST2 content in these vesicles by western blot.

Results
Serum sST2 level was significantly higher in active SLE patients compared with HCs (p<0.001), and in inactive patients compared with HCs (p<0.01). We demonstrated higher sST2 levels among SLE patients on steroid treatment, with MPs from SLE patients containing ST2.

Conclusions
We found elevated serum sST2 level in SLE patients, being higher in active patients; therefore ST2 could be an activity SLE biomarker. Additionally, MPs from SLE patients contain ST2, thus MPs could be an important source of circulating ST2, transporting and transferring ST2 to different cells for intercellular communication, consequently contributing to SLE pathogenesis.

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Background
Patients with lupus nephritis (LN) are at risk of relapse and hence long term disease monitoring is required. Here we undertook a prospective follow up of patients after having Anti-C1q antibodies (C1Q Ab) measurement to determine whether the result predicted a flare of LN.

Methods
SLE patients attending an Inner-City Lupus Center, were involved in the study. A point-in-time measurement of C1Q Ab was made using an ELISA kit (Orgentec Diagnostika GmbH). Medical records of patients were reviewed over the following year to identify LN flares. A renal flare was defined as a doubling of the protein creatinine ratio with a subsequent decision to escalate immunosuppressive therapy.

Results
116 lupus patients were included in the study. Of those, 52 had biopsy proven LN (45%). Positive C1Q ab was more common in patients with a history of biopsy proven LN (n=17, 32.7%) compared to those with non-renal SLE (n=10, 15.6%), (p=0.03). Renal flares tended to be more common in C1q ab positive LN patients (n=4, 26.7%) compared to those without C1q ab (n=2, 7.14%), (p=0.782). Of the 64 patients with non-renal SLE, 1 (10%) C1Q Ab positive patient subsequently developed LN compared with 1 (1.85%) C1q Ab negative patient (p=0.173). There was no correlation between the level of C1q Ab and the rate of LN flares.

Conclusion
C1Q Ab has a known correlation with LN, however, its ability to predict flares has been less well characterized. Our prospective analysis shows that although the C1Q Ab positive patients were more likely to have a flare of LN in the following year, there was not a statistically significant difference between the C1Q Ab positive and negative groups. In addition, only a relatively small proportion of C1Q Ab positive patients went on to have a flare (20%). Our data therefore does not support the use of C1Q Ab in predicting a flare of LN.