Conclusions Herein, consistent with previous small case series, we report a good therapeutic response to RTX in patients with difficult to treat manifestations of APS. The RTX treatment protocol may affect response to therapy and a decrease of aPL titer within 2–6 months following therapy may predict a better response. Larger studies are required to confirm these results.

Conclusions Culminating research further supports the critical role of neutrophils and innate immune pathways in SLE pathogenesis. Elucidation of intracellular pathways pertaining to production and regulation of important mediators such as IFN may provide novel insights towards development of targeted therapies.

Acknowledgements This work was supported by Special Research Account of the University of Crete (grant no. 4718).

Background Innate immunity cells, cytokines and inflammatory pathways have been recognised as inducers and amplifiers of autoimmune responses and tissue injury in SLE.

Methods Published experimental data during the last five years on the contribution of innate immunity, particularly neutrophils and type I interferon, are summarized and their clinical implications are discussed.

Results Recent genome-wide expression studies have implicated neutrophils in human SLE and lupus nephritis. Through a combined transcriptomic, epigenetic, and functional analysis, distinct subtypes of these cells have been identified in patients with SLE, with low-density granulocytes exhibiting excessive death by generation of extracellular chromatins (NETs) that are decorated with immunostimulatory/alarm molecules such as interleukin-33 and promote the activation of other immune cells, type I interferon (IFN) production and endothelial injury. Intracellular protein citrullination mediated by neutrophil peptidylarginine deiminases (PADs) is critical for NETs formation and accordingly, targeting PADs ameliorates lupus disease by reducing autoantibodies, type I IFN, immune cell activation, vascular dysfunction, and NET immunogenicity. Notably, activation of Toll-like receptors (TLR)-7/8 in neutrophils causes proteolytic cleavage of the N-terminal part of Fc-γ-receptors (FcgRII), thus abrogating their capacity to phagocyte immunocomplexes while promoting their death by NETosis.

Mechanistically, recruitment of syntenin-1 by UNC93B1 has been reported to facilitate the sorting of TLR-7 into multivesicular bodies, therefore offering dynamic regulation of TLR-7 activation-signaling. Besides NETs, a number of other pathways may enhance IFN production in SLE such as apoptosis-derived intracellular vesicles through activation of cGAS–STING, and photosensitivity-induced IFN-kappa released by keratinocytes. The latter is in line with clinical observations that therapeutic blockade of IFN or downstream signaling may be particularly beneficial in cutaneous manifestations of SLE. Remarkably, IFN signature is present in multiple immune cell types in SLE such as in B-cells where it causes breach of tolerance, promoting autoreactive B cell development into the autoantibody-forming cell and germinal center pathways. In T-cells, SLE patients who carry the STAT4 risk allele rs7574865[t] display augmented inflammatory responses to IL-12 and IFN-α, and vice versa, IFN-α may augment the IL-12-induced STAT4 activation, therefore highlighting a subgroup of patients who may benefit from IFNa/JAK/STATs targeting.

Conclusions The therapy of lupus nephritis remains toxic and only partially effective but the benefits in terms of renal and patient survival are clear. However, there is considerable heterogeneity in the prognosis of individual patients and in their response to and tolerance of therapy. Accurate assessment of disease activity to guide therapy is limited by the complex relations between clinical biomarkers - serum creatinine, urine protein and sediment - with histologic activity. Renal biopsy is invasive with well characterised, if rare, risk of haemorrhage. While the initial biopsy confirms the diagnosis, nephritis class and other parameters, prediction of treatment response and long term outcome is limited. The extent to which the cost and risk of repeat biopsy can be justified in terms of improving long term prognosis is unclear resulting in wide variances in current practice and advice. As better targeted therapies become available in parallel with better pathway and target identification in the biopsy there is the potential role for sequential biopsy to influence the type and duration of treatment.

Methods A small number of prospective studies have examined protocol biopsies, with a larger number of observational studies limited by inconsistent indications for repeat biopsy. Outcomes have included descriptions of changes in histologic class, activity and chronicity, associations between histologic activity and clinical biomarkers, impact on treatment decisions, renal prognosis in terms of renal relapse or loss of renal function, and safety.

Results Activity on repeat protocol biopsy has been associated with increased risk of relapse and loss of function. Trends in change in histologic class have been progression from II to IV-G, from IV to IV + V, and for the subtypes of IV-G and IV-S to remain the same. In a small number of cases a non-lupus renal diagnosis was discovered. When compared to changes in urine protein, one third of complete proteinuric responders had histologic activity, while almost half of non-proteinuric responder had no histologic activity. The impact of repeat biopsy on therapeutic decision remains controversial with evidence for and against.

Conclusions Repeat renal biopsy studies have contributed to our understanding of the course of nephritis and provide information unavailable from other sources. While arguments in favour of protocol biopsy continue, no long term benefit on hard outcomes has been defined. Clinical utility of repeat biopsy is highest when there is uncertainty on treatment decisions, such as, with persisting proteinuria or falling GFR, in the absence of an apparent treatment response or when...