

**Supplementary Table 1. Glucocorticoid reducing regimen after the patient achieved glucocorticoid dosage prednisolone (PSL) equivalent 5 mg/day**

Time from the achievement of PSL equivalent 5 mg/day	Dosage of glucocorticoid
0 months	PSL 5 mg/day
3 months	PSL 5 mg/day Mon-Fri PSL 2.5 mg/day Sat-Sun
6 months	PSL 2.5 mg/day
9 months	PSL 2.5 mg/day Mon-Fri PSL 0 mg/day Sat-Sun
12 months	PSL2.5 mg 3 times a week
15 months	PSL2.5 mg twice a week
18 months	PSL2.5 mg once a week
21 months	PSL off

Fri = Friday; Mon = Monday; PSL = prednisolone; Sat = Saturday; Sun = Sunday